

**Grilles de qualification nationales 2008-2009**

**Grilles Nationale 2**

Hommes	
50 NL	00:24,64
100 NL	00:54,22
200 NL	01:58,80
400 NL	04:13,17
1500 NL	08:48,23
50 Dos	00:29,03
100 Dos	01:01,33
200 Dos	02:13,04
50 Bra	00:31,28
100 Bra	01:07,83
200 Bra	02:26,24
50 Pap	00:26,83
100 Pap	00:58,96
200 Pap	02:11,68
200 4N	02:14,84
400 4N	04:45,10

Dames	
50 NL	00:28,47
100 NL	01:01,74
200 NL	02:12,92
400 NL	04:37,91
800 NL	09:32,01
50 Dos	00:32,80
100 Dos	01:09,37
200 Dos	02:28,24
50 Bra	00:35,65
100 Bra	01:17,44
200 Bra	02:47,31
50 Pap	00:30,36
100 Pap	01:07,11
200 Pap	02:27,19
200 4N	02:30,69
400 4N	05:18,10

**Grilles Championnats Jeunes**

Hommes	JN	CN2
	18-20 ans	13-17 ans
50 NL	00:24,27	00:25,17
100 NL	00:53,42	00:55,40
200 NL	01:56,66	02:00,99
400 NL	04:10,97	04:20,29
1500 NL	16:32,31	17:09,14
50 Dos	00:28,34	00:29,39
100 Dos	01:00,29	01:02,53
200 Dos	02:12,52	02:17,44
50 Bra	00:30,65	00:31,79
100 Bra	01:06,82	01:09,30
200 Bra	02:26,24	02:31,59
50 Pap	00:26,15	00:27,13
100 Pap	00:57,91	01:00,06
200 Pap	02:10,14	02:14,97
200 4N	02:13,53	02:18,49
400 4N	04:41,91	04:52,38

Dames	JN	CN2
	18-20 ans	13-17 ans
50 NL	00:28,14	00:28,76
100 NL	01:00,50	01:01,82
200 NL	02:11,13	02:14,01
400 NL	04:36,37	04:42,43
800 NL	09:25,68	09:38,10
50 Dos	00:31,85	00:32,55
100 Dos	01:08,05	01:09,54
200 Dos	02:25,72	02:28,92
50 Bra	00:35,12	00:35,89
100 Bra	01:16,59	01:18,27
200 Bra	02:44,49	02:48,10
50 Pap	00:29,37	00:30,02
100 Pap	01:05,61	01:07,05
200 Pap	02:25,33	02:30,82
200 4N	02:28,55	02:31,81
400 4N	05:09,17	05:19,94

**Grilles Championnats Cadets**

Hommes	CN2	CN1
	17 ans	16 ans
50 NL	00:25,17	00:25,55
100 NL	00:55,40	00:56,23
200 NL	02:00,99	02:02,81
400 NL	04:20,29	04:24,21
1500 NL	17:09,14	17:24,64
50 Dos	00:29,39	00:29,83
100 Dos	01:02,53	01:04,66
200 Dos	02:17,44	02:20,48
50 Bra	00:31,79	00:32,26
100 Bra	01:09,30	01:11,52
200 Bra	02:31,59	02:34,20
50 Pap	00:27,13	00:27,53
100 Pap	01:00,06	01:02,17
200 Pap	02:14,97	02:18,85
200 4N	02:18,49	02:20,58
400 4N	04:52,38	05:00,62

Dames	CN2	CN1
	17 ans	16 ans
50 NL	00:28,76	00:28,91
100 NL	01:01,82	01:02,15
200 NL	02:14,01	02:14,71
400 NL	04:42,43	04:43,91
800 NL	09:38,10	09:41,13
50 Dos	00:32,55	00:32,72
100 Dos	01:09,54	01:09,91
200 Dos	02:28,92	02:29,70
50 Bra	00:35,89	00:36,08
100 Bra	01:18,27	01:18,68
200 Bra	02:48,10	02:48,98
50 Pap	00:30,02	00:30,18
100 Pap	01:07,05	01:07,40
200 Pap	02:30,82	02:31,75
200 4N	02:31,81	02:32,61
400 4N	05:19,94	05:26,12

**Grilles Championnats Minimes**

Hommes	MN2	MN1
	15 ans	14 ans
50 NL	00:26,22	00:27,40
100 NL	00:57,73	01:00,33
200 NL	02:06,07	02:11,74
400 NL	04:31,22	04:38,81
1500 NL	17:52,35	18:27,12
50 Dos	00:30,63	00:32,01
100 Dos	01:06,38	01:09,23
200 Dos	02:24,20	02:30,39
50 Bra	00:33,12	00:34,61
100 Bra	01:13,41	01:16,56
200 Bra	02:38,28	02:46,10
50 Pap	00:28,26	00:29,54
100 Pap	01:03,81	01:06,55
200 Pap	02:22,54	02:29,57
200 4N	02:24,31	02:30,80
400 4N	05:08,58	05:21,83

Dames	MN2	MN1
	15 ans	14 ans
50 NL	00:29,44	00:30,02
100 NL	01:03,28	01:04,52
200 NL	02:17,16	02:19,86
400 NL	04:49,08	04:54,75
800 NL	09:51,70	10:03,31
50 Dos	00:33,32	00:33,97
100 Dos	01:12,54	01:13,80
200 Dos	02:35,02	02:38,64
50 Bra	00:36,73	00:37,46
100 Bra	01:20,98	01:22,40
200 Bra	02:54,96	02:58,01
50 Pap	00:30,73	00:31,33
100 Pap	01:10,18	01:11,41
200 Pap	02:33,92	02:37,52
200 4N	02:35,38	02:38,43
400 4N	05:32,64	05:38,44