

2009-2012

Séries nationales

HOMMES	N1	JN	CN	MN
50 NL	00:23,73	00:24,27	00:25,17	00:26,22
100 NL	00:52,24	00:53,42	00:55,40	00:57,73
200 NL	01:54,09	01:56,66	02:00,99	02:06,07
400 NL	04:05,45	04:10,97	04:20,29	04:31,22
800 NL	08:30,71	08:42,20	09:01,58	09:24,33
1500 NL	16:10,47	16:32,31	17:09,14	17:52,35
50 Dos	00:27,72	00:28,34	00:29,39	00:30,63
100 Dos	00:58,96	01:00,29	01:02,53	01:06,38
200 Dos	02:09,61	02:12,52	02:17,44	02:24,20
50 Bra	00:29,97	00:30,65	00:31,79	00:33,12
100 Bra	01:05,35	01:06,82	01:09,30	01:13,41
200 Bra	02:23,13	02:26,24	02:31,59	02:38,28
50 Pap	00:25,58	00:26,15	00:27,13	00:28,26
100 Pap	00:56,64	00:57,91	01:00,06	01:03,81
200 Pap	02:07,28	02:10,14	02:14,97	02:22,54
200 4N	02:10,60	02:13,53	02:18,49	02:24,31
400 4N	04:35,71	04:41,91	04:52,38	05:08,58

DAMES	N1	JN	CN	MN
50 NL	00:27,53	00:28,14	00:28,76	00:29,44
100 NL	00:59,16	01:00,50	01:01,82	01:03,28
200 NL	02:08,25	02:11,13	02:14,01	02:17,16
400 NL	04:30,29	04:36,37	04:42,43	04:49,08
800 NL	09:13,24	09:25,68	09:38,10	09:51,70
1500 NL	17:35,52	17:59,26	18:22,94	18:48,89
50 Dos	00:31,15	00:31,85	00:32,55	00:33,32
100 Dos	01:06,55	01:08,05	01:09,54	01:12,54
200 Dos	02:22,51	02:25,72	02:28,92	02:35,02
50 Bra	00:34,35	00:35,12	00:35,89	00:36,73
100 Bra	01:14,90	01:16,59	01:18,27	01:20,98
200 Bra	02:40,87	02:44,49	02:48,10	02:54,96
50 Pap	00:28,73	00:29,37	00:30,02	00:30,73
100 Pap	01:04,17	01:05,61	01:07,05	01:10,18
200 Pap	02:22,13	02:25,33	02:30,82	02:33,92
200 4N	02:25,28	02:28,55	02:31,81	02:35,38
400 4N	05:02,37	05:09,17	05:19,94	05:32,64

Séries interrégionales

HOMMES	I1	J1	C1	M1
50 NL	00:24,57	00:25,41	00:26,02	00:27,22
100 NL	00:54,08	00:55,93	00:57,28	00:59,91
200 NL	01:58,11	02:02,15	02:05,10	02:10,84
400 NL	04:14,09	04:22,80	04:29,14	04:41,48
800 NL	08:48,69	09:06,80	09:19,99	09:45,68
1500 NL	16:44,63	17:19,05	17:44,12	18:32,93
50 Dos	00:28,69	00:29,68	00:30,39	00:31,79
100 Dos	01:01,04	01:03,13	01:04,65	01:08,84
200 Dos	02:14,17	02:18,77	02:22,11	02:29,33
50 Bra	00:31,03	00:32,09	00:32,87	00:34,37
100 Bra	01:07,65	01:09,96	01:11,65	01:16,13
200 Bra	02:28,32	02:33,12	02:36,72	02:44,14
50 Pap	00:26,48	00:27,39	00:28,05	00:29,33
100 Pap	00:58,63	01:00,64	01:02,11	01:06,18
200 Pap	02:11,76	02:16,27	02:19,56	02:27,80
200 4N	02:15,19	02:19,83	02:23,20	02:29,77
400 4N	04:45,42	04:55,19	05:02,32	05:20,00

DAMES	I1	J1	C1	M1
50 NL	00:28,58	00:29,82	00:30,02	00:30,52
100 NL	01:01,44	01:04,10	01:04,52	01:05,59
200 NL	02:13,17	02:18,95	02:19,86	02:22,18
400 NL	04:40,67	04:52,83	04:54,75	04:59,65
800 NL	09:34,49	09:59,39	10:03,31	10:13,35
1500 NL	18:16,07	19:03,57	19:11,05	19:30,19
50 Dos	00:32,35	00:33,75	00:33,97	00:34,54
100 Dos	01:09,11	01:12,10	01:12,57	01:15,21
200 Dos	02:27,99	02:34,40	02:35,41	02:40,73
50 Bra	00:35,67	00:37,21	00:37,46	00:38,08
100 Bra	01:17,78	01:21,15	01:21,68	01:23,97
200 Bra	02:47,05	02:54,29	02:55,43	03:01,41
50 Pap	00:29,83	00:31,13	00:31,33	00:31,85
100 Pap	01:06,63	01:09,52	01:09,97	01:12,77
200 Pap	02:27,59	02:33,99	02:34,99	02:39,59
200 4N	02:30,86	02:37,40	02:38,43	02:41,07
400 4N	05:13,99	05:27,60	05:38,76	05:44,90

Séries régionales

MESSIEURS

HOMMES	R1	JR	CR	MR
50 NL	00:26,40	00:26,66	00:27,47	00:28,70
100 NL	00:58,11	00:58,70	01:00,47	01:03,17
200 NL	02:06,91	02:08,19	02:12,05	02:17,96
400 NL	04:33,03	04:35,79	04:44,09	04:56,80
800 NL	09:28,09	09:33,84	09:51,10	10:17,55
1500 NL	17:59,50	18:10,42	18:43,23	19:33,49
50 Dos	00:30,83	00:31,14	00:32,08	00:33,51
100 Dos	01:05,59	01:06,25	01:08,24	01:12,58
200 Dos	02:24,17	02:25,63	02:30,01	02:37,45
50 Bra	00:33,34	00:33,68	00:34,69	00:36,24
100 Bra	01:12,69	01:13,42	01:15,63	01:20,27
200 Bra	02:39,03	02:40,70	02:46,18	02:53,07
50 Pap	00:28,45	00:28,74	00:29,61	00:30,32
100 Pap	01:03,00	01:03,64	01:05,56	01:09,77
200 Pap	02:21,58	02:23,01	02:27,31	02:35,84
200 4N	02:25,27	02:26,74	02:31,15	02:37,92
400 4N	05:06,69	05:09,79	05:19,11	05:37,39

DAMES

DAMES	R1	JR	CR	MR
50 NL	00:30,58	00:31,17	00:31,35	00:32,16
100 NL	01:05,74	01:07,00	01:07,39	01:09,12
200 NL	02:22,50	02:25,24	02:26,07	02:29,82
400 NL	05:00,32	05:06,10	05:07,84	05:15,76
800 NL	10:14,71	10:26,54	10:30,11	10:46,31
1500 NL	19:32,79	19:55,37	20:02,18	20:33,08
50 Dos	00:34,61	00:35,28	00:35,48	00:36,39
100 Dos	01:13,95	01:15,37	01:15,80	01:19,29
200 Dos	02:38,35	02:41,40	02:42,32	02:49,47
50 Bra	00:38,16	00:38,90	00:39,12	00:40,12
100 Bra	01:23,22	01:24,82	01:25,31	01:28,53
200 Bra	02:58,75	03:02,19	03:03,22	03:11,27
50 Pap	00:31,92	00:32,53	00:32,72	00:33,56
100 Pap	01:11,30	01:12,67	01:13,08	01:16,73
200 Pap	02:37,92	02:40,96	02:41,88	02:48,26
200 4N	02:41,42	02:44,53	02:45,47	02:49,72
400 4N	05:35,97	05:42,44	05:53,49	06:03,64